

2009 Workshop Descriptions

SESSION A: 8:30 TO 9:40am

A1: Working with Lesbian, Gay, Bisexual, Transgender & Questioning Youth

Sally Stevens, MSW, LCSW
Zena Britadesco

Primary Audience: SBHC Practitioners and Staff, Youth, Health Educators, and Youth Advocates

This workshop will offer educators and service providers an opportunity to learn more about the unique needs and concerns of lesbian, gay, bisexual, transgender and questioning youth, and youth with LGBTQ parents. Interactive activities will help participants become familiar with terminology and concepts related to sexual orientation and gender identity. Presenters will share new Oregon data on LGBTQ youth and tips for creating a queer friendly health center.

This session is a place to ask anything you want about sexuality and learn to be a better ally to queer youth.

Objectives:

- Understand strengths and needs of LGBTQ youth.
- Be able to support LGBT youth & LGBT families.
- Be able to partner with gay-straight alliances.

A2: Engaging the Faith Community Panel

Jackie Rose, MS, RN, ANP
Michael Ralls, Vice Principal – Milwaukie High School
Reverend Chuck Currie, United Church of Christ

Primary Audience:

SBHC Planning Sites, Coordinators and current Staff, School Administrators, SBHC Advocates, Interested Youth

For planning sites, strategic and thoughtful inclusion of the faith community from the very start is a powerful way to engage and educate the community about SBHCs within the context of finding common ground to support health services for needy children.

For existing SBHCs, this engagement can serve as a capacity building strategy to better solidify the SBHC within the community.

Objectives:

- Learn how to recruit faith-based individuals as community representatives for SBHCs.
- Share successful and challenging experiences with faith community engagement.
- Identify tools and resources for faith community engagement.

A3: Microscopy for Rural Providers

Terry Crandall, BS, MT (ASCLS)

Primary Audience: SBHC Practitioners in rural settings who don't have easy access to other Microscopy certification workshops.

Description and objectives coming soon!

A4: Increasing Adolescent Immunization Rates

Judy Coates RN, FNP, APRN, MS

Primary Audience: SBHC Practitioners and Staff

With the expansion of available vaccines, it is now possible to protect adolescents against some serious vaccine preventable diseases. Challenges exist in reaching adolescents through traditional primary care efforts. Increasing school nurse knowledge about vaccine preventable disease that affect adolescents and developing school based strategies to protect this population can help to increase current adolescent immunization coverage and keep students healthy and ready to learn.

Objectives:

- Identify the spectrum of vaccine-preventable diseases in the adolescent population.
- Understand the clinical persistence and long-term risks of infectious diseases in adolescents.
- Understand the latest changes to the adolescent immunization schedule.

A5: SBHC Legislative Updates and Strategy Session

Liz Smith Currie, Policy Director - OSBHCN

Primary Audience: SBHC Practitioners and Staff, SBHC Advocates, Teachers, Health Educators, Youth Workers, Social Workers & Youth

The Network has been actively involved in the growing SBHC movement at the state and federal level. This session will provide an update on recent policy successes and current legislative proposals related to SBHCs and provide an opportunity for participants to help develop our future policy priorities to build momentum for the SBHC movement.

Objectives:

- Learn about recent state and federal policy successes and their impact on SBHCs.
 - Discuss remaining barriers to SBHC sustainability.
 - Develop ideas for state and federal policy work that can help strengthen the SBHC model
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SESSION B: 11:15 TO 12:30pm

B1: Teen Pregnancy Dialogue: Reproductive Justice and Youth

Satya Kline, M.Ed., Counselor &
Katelyn Berry, Birthmother

Primary Audience: SBHC Staff and Practitioners, Youth Workers, Counselors

During this presentation the following goals from the Oregon Youth Sexual Health Plan will be reviewed and discussed:

- “Youth will use accurate information and well-developed skills to make choices about relationships and sexual health.”
- “Connect under-served populations to programs and resources.”

A brief overview of current adolescent brain research will provide the backdrop for a discussion regarding teen pregnancy and how to best support adolescents in their decision making. Additionally, Oregon laws and statistics surrounding teen pregnancy and all pregnancy options will be presented, and a birthmother will share her journey as a pregnant teen and the barriers she faced in gaining access to information and support. Participants will explore cultural and systemic barriers to providing access to all-options education and brainstorm solutions to ensuring reproductive justice surrounding pregnancy.

Objectives:

Increase capacity to share up-to-date facts on teen parenting and all pregnancy options, including referral sources and supportive decision-making strategies.

Be able to identify elements that need to be included in pregnancy options counseling and education.

Increase knowledge of systemic barriers to providing all-options resources and support for pregnant teens.

Be able to articulate possible solutions to ensure access to all-options counseling for teens.

B2: Framing Our Message- How We Talk About Adolescents

Sarah Ramowski, MSW, Adolescent Health
Policy and Assessment Specialist

Nancy Cunningham, Resource Development Director, OSBHCN

Primary Audience: SBHC Practitioners and Staff, Teachers and School Administrators, Health Educators, Youth Workers and Social Workers

Everyone working in youth services has a vital role to play in building public support for adolescents. We will examine public attitudes toward young people and explore framing/messaging strategies designed to change negative perceptions of and build support for adolescents. This workshop is based on materials developed by Glynis Shea, Communications Director, of the Konopka Institute for Best Practices in Adolescent Health at the University of Minnesota.

Objectives:

Understand the intersection between public attitudes and effective advocacy.

Learn strategies that create receptive listeners and persuasive messages.

Learn how to use a framing tool, the Message Pyramid, to craft your own persuasive, audience-centric message.

B3: Peer to Peer: Tap into the Power of Youth Driven Outreach

Nay'Chelle Harris, Chris Edmonds
Multnomah Youth Commission Members

Primary Audience: Youth & Advocates, SBHC Practitioners and Staff

The Multnomah Youth Commission is a group of young people, ages 13-21, that strives to provide a voice for youth in the County & City's work. Representatives from the MYC will present results from a secret survey conducted at various SBHC's by youth

Objectives:

- Learn how to increase SBHC utilization.
 - Learn how to empower youth to do outreach to their peers.
 - Learn fun and engaging ways to utilize clients as advocates and resources.
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B4: Crack the Code: Addressing Billing Code Issues

Laura Brey, MS, Director of Training, NASBAC

Primary Audience: SBHC Coordinators, Billing Specialists, Fiscal Managers, SBHC Practitioners and Staff

Coding may be the least fun part of the job, but is essential to sustaining the services you provide. Join us for an overview of coding for billing purposes and share local practices for improvement. We'll discuss opportunities and barriers regarding billing and coding, discover resources for problem solving and learn how to maximize coding outcomes.

Objectives:

- Define CPT, ICD 9, and DSM 4 Coding.
 - Explain the reasons why appropriate coding and documentation is so important in SBHC settings.
 - Demonstrate correct use of CPT and ICD 9 codes
 - Explain the rationale for conducting routine medical record review and coding compliance audits in SBHC settings
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B5: Collaboration: An Alternative Medical Provider Model for SBHC's

Patty Schein, FNP
Traci Fossen, RN, BSN

Primary Audience: SBHC Practitioners, Coordinators and Staff, School Staff, Advocates

This workshop will present information related to the change in the model of care at Kids Health Connection from hiring mid level providers to sharing mid-level providers within the Federally Qualified Health Center staffing. At the conclusion of the first year of partial implementation many benefits have emerged, including improved case management outcomes, continuity of care for children and families throughout the year, identification of medical homes for families that previously had none and increased job satisfaction for the medical providers within the system.

Objectives:

- Present Kids Healthy Connection Medical Provider Care Model.
 - Discuss pros and cons of this model.
 - Identify outcomes related to KHC Model of Care.
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SESSION C: 1:30 TO 2:45pm

C1: Student Gambling – The Overlooked Problem

Wendy Hausotter, MPH

Primary Audience: SBHC Practitioners and Staff, School Staff, Youth Workers

Oregon data tells us that already one youth per classroom is a problem gambler, yet it's not typically addressed in school health efforts, either in the classroom or by counselors and health center staff. Youth need to be educated and screened/referred (a simple 2-question screen is valid and reliable). Information is also relevant to parental problem gambling as it affects students.

Objectives:

- Understand the signs, symptoms, probable causes and prevalence of Oregon youth problem gambling.
- Know how to screen and refer for free help/treatment for problem gambling.
- Understand and be able to use 5 resources for problem gambling prevention and treatment referral.

C2: Building School/SBHC Partnerships for Student Health

Jessica Bogli

Primary Audience: SBHC Practitioners & Staff, School Administrators and Staff, Youth & Parents, Youth Advocates

In this interactive session, participants will learn about successful SBHC/School partnerships practices for youth sexual health, share their own and develop new ideas together. Participants will also receive a demonstration of the Network's new partnership toolkit, a collection of age-appropriate, effective activities from the SBHC and education fields that support sexual health at each age level. Activities shared and developed during this session will be added to the partnership toolkit and action planning time will be provided for activity implementation.

Objectives:

- Understand the history, purpose and methodology of the Network's partnership toolkit project.
 - Learn how to access the partnership toolkit online.
 - Share successful partnership practices for youth sexual health to be added to the toolkit.
 - Develop new ideas for activities to include in the toolkit.
 - Create action plan for toolkit activity implementation.
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C3: Teen Council Peer Education: Empowering Youth to Make Smart Choices

Gina Farrell, MSW

Primary Audience: SBHC Practitioners and Staff, Youth, Teachers and Health Educators, Youth Advocates and Counselors

This presentation will explore Planned Parenthood Columbia Willamette's (PPCW) Teen Council Peer Education model. Teen Council is a unique youth development program where high school students become advocates within their own schools and communities, and empower young people to make smart choices about their sexuality. The Teen Council program has proven to be a successful sexual health peer education model. PPCW will share program elements, implementation strategies, and evaluation results.

Objectives:

Demonstrate basic knowledge about Peer Education Program/Activities.

Describe how the Teen Council engages and impacts young audiences.

Identify teaching strategies and peer led activities that augment sexuality education.

Summarize lessons learned, their relevance to participants, and explore ways in which this model can be utilized to further enhance youth sexual health and access to care.

C4: Oral Health: Strategies for Now and Later

Presenting, Dr. Mike Plunkett, OHSU
Facilitating, Devon O'Brien, OSBHCN Board Member

Primary Audience: SBHC Practitioners and Staff, all levels of oral health providers and systems managers

Dental problems are the most commonly cited unmet need among children with tooth decay being one of the most common diseases of childhood. The location of SBHCs positions them perfectly to see the most vulnerable children and provide screenings, preventative services and referrals for comprehensive services.

Objectives:

Learn how medical providers can promote oral health in the SBHC.

Examine the facilitating forces and barriers to providing oral health in coordinated efforts with SBHC.

Develop a strategy for expanding oral health through SBHC.

C5, D5: Obesity Prevention and Intervention in SBHCs

Laura Brey, MS, Director of Training, NASBAC

Primary Audience: SBHC Practitioners and Staff, Teachers, Health Educators, Youth Workers, Social Workers & Interested Youth

Familiarize yourself with the national child and adolescent obesity recommendations resources available for school health center use; and how to implement treatment guidelines for child and adolescent obesity and hypertension.

This is a two-part session.

Objectives:

Describe the magnitude of the child and adolescent obesity epidemic in the US. | Articulate the national recommendations for child and adolescent prevention, assessment, and intervention. | Implement the national resources available to providers for assisting in implementation of the national recommendations and guidelines. | List the 4 stages of pediatric overweight treatment. | Utilize motivational interviewing in the treatment of overweight children and adolescents.

SESSION D: 3:00 TO 4:10pm

D1: Gasping for Air: Choking Game Participation

Sarah Ramowski, MSW, Adolescent among Oregon Youth
Health Policy and Assessment Specialist

Primary Audience: SBHC Practitioners and Staff, Mental Health Staff, Policy/Research Analysts

Youth participation in the “Choking Game” (an activity that uses strangulation to achieve a non-sexual high) is largely unstudied except through non-scientific case studies and media reports. In 2008, Oregon became the first state to collect statewide surveillance data on lifetime choking game participation among its youth.

Objectives:

Learn the definition of the choking game, and how it is differentiated from other (similar) risk behaviors, and what some of the physical signs of participation are.

Learn about the prevalence rate of choking game participation among Oregon youth, and with which other risk behaviors it is most related to.

Brainstorm with each other to produce possible ways of handling this issue in the SBHC setting.

D2: Youth Leadership: Raising Awareness for SBHCs

Paula Hester, Executive Director- OSBHCN

Primary Audience: Youth, Youth Advocates/ Mentors, Parents, SBHC Practitioners and Staff, Teachers, Health Educators, Social Workers

The secret’s out! SBHC awareness month is just around the corner! Participants in this session will develop activities surrounding local and statewide promotion of health care access through the SBHC.

Objectives:

Develop a plan for statewide engagement of youth and families in advocacy.

Create marketing materials and messaging for SBHC Advocacy Day and SBHC Awareness Month.

D3: School-Based Health Care & Sexuality Education:

Oregon’s New Law and Your Responsibilities

Brad Victor, MAT
Oregon Sexuality Education Specialist

Primary Audience: SBHC Practitioners, Health Educators, School Administrators

The purpose of this interactive workshop will be to discover opportunities for school-based health care staff to form effective partnerships with teachers, administrators, parents, community members, and students for the purpose of developing skills-based, client centered sexuality education that complies with Oregon’s New Sexuality Education Law, Oregon Health Education Standards (OHES), and the Oregon Youth Sexual Health Plan.

Objectives:

Participants will understand the value of school/community partnerships for delivery of effective sexuality education.

Participants will develop a school-level action-plan addressing the development of teacher, administrator, parent and community partnerships.

D4: Expel the Flu: Public Health & Schools

Denise Cardinali, RN, BSN

Primary Audience: SBHC Practitioners & Staff, School Administration

Learn about public health considerations for annual influenza vaccinations for school children, including the new expanded ACIP recommendations. Learn how to implement influenza vaccinations in the school setting to positively impact attendance and enhance students' opportunity for learning, using national and local examples, and discuss options for administration of influenza vaccinations, including intranasal vaccine.

Objectives:

- Understand new ACIP recommendations for influenza vaccinations.
- Learn how to implement a successful school-based immunization program.
- Learn the differences between all influenza vaccinations.

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NASBAC

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