

# Influencing School Policy

Healthy Teen Data & The Oregon Youth Sexual Health Plan

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The logo is centered on a white rectangular background. At the top and bottom of this white area are decorative wavy bands. The top band consists of a yellow section on the right, an orange section in the middle, and a dark blue section on the left. The bottom band consists of a dark blue section on the left, an orange section in the middle, and a light blue section on the right. The text 'OREGON Youth Sexual HEALTH PLAN' is positioned in the center of the white background. 'OREGON' is written vertically in orange. 'Youth' is in green, 'Sexual' is in green, 'HEALTH' is in blue, and 'PLAN' is in blue. A small blue square icon is located to the right of the word 'PLAN'.

OREGON Youth  
Sexual  
**HEALTH**  
**PLAN** 

# Sample Community Action Plan

## Pages 22 – 25

### Suggested activities\* you can do in your community to meet certain outcomes.

\*All activities should be done in partnership!

## Sample Community Action Plan

### Plan Objective: Services for Youth and Families

#### OUTCOME 1

Parents, educators, community members and policy-makers show increased knowledge of and support for access to sexual health services.

#### Strategy A

*Promote universal mental and physical health care that includes comprehensive sexual health.*

#### Community Action Plan Activities:

- Advocate and educate Legislature for universal health care;
- Support State Children's Health Insurance Program (SCHIP) expansion;

- Collaborate with other groups to advocate for comprehensive health care reform;
- Advocate for adequate funding for Title X family planning programs to ensure care for the people who are uninsured or ineligible for Medicaid;
- Expand mental health and psychosocial services at school-based health centers;
- Expand school-based health centers or other forms of health care delivery systems that reach the uninsured; and
- Expand the Family Planning Expansion Project (FPEP).

#### Strategy B

*Involve youth, parents and other adults in promoting sexual health services.*



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- Expand the Family Planning Expansion Project (FPEP).

### Strategy B

*Involve youth, parents and other adults in promoting sexual health services.*

# Sexual Health Vocabulary

## Pages 28 - 29

## Sexual Health Vocabulary

### The 3 Rs:

**Right:** Young people have the right to accurate information and confidential health services.

**Respect:** Young people deserve to be respected as valued members of the community who have much to offer.

**Responsibility:** Young people are expected to act responsibly to safeguard their health. Society must offer young people the tools they need to do so: accurate information, confidential health services and a secure stake in the future.

**Abstinence:** In terms of sexual health, no oral, anal or vaginal sex, including any sexual/genital contact that may involve the exchange of bodily fluids and could result in a pregnancy or sexually transmitted infection (STI).

**Abstinence-based education:** Programs that emphasize abstinence and in addition offer complete, balanced and medically accurate information about the benefits of condom use and other forms of contraception.

**Abstinence-only education:** Programs that emphasize that abstinence, when practiced consistently and correctly, is the only 100 percent effective way to prevent unintended pregnancy, reduce risks of contracting STIs, as well [as HIV/AIDS and Hepatitis B and Hepatitis C (when transmitted sexually)]. Information about the benefits of condoms and contraceptives is not included in these programs. For a more detailed description, see Title V section 510 of the Social Security Act for criteria for abstinence program funding.

**Abstinence-only-until-marriage:** Abstinence-only education that includes the message that sex in the context of a heterosexual marriage is the expected standard.

**Action research:** A reflective process of investigation

and problem solving led by community members, guided by professional researchers, with the aim of improving knowledge and practice in their communities.

**Age-appropriate:** Curricula designed to teach concepts, information and skills based on the social, cognitive, emotional and experience level of students. (Oregon Administrative Rule 458-022-1440)

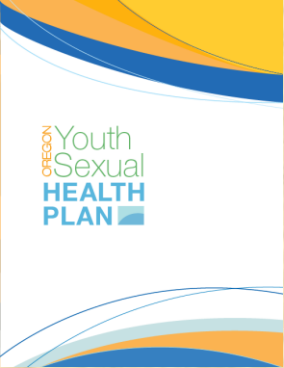
**Adolescent:** A person in the developmental transition from childhood to adulthood between the ages of 10 and 24. Term is used interchangeably with teen.

**Comprehensive sexual health services:** Providing confidential information and skill building to help men and women make informed choices about relationships and sexual health, as well as reproductive system exams (pap, pelvic, breast, testicular), prescriptions for contraceptives, provision of condoms, pregnancy testing and options counseling, STI testing and treatment (including HIV), and prenatal care. Comprehensive services include prevention and health maintenance.

**Comprehensive sexuality education:** School-based comprehensive sexuality education programs (as defined by Oregon Administrative Rules) are age-appropriate programs offered in K-12 settings, annually in grades 6-8, and at least twice during grades 9-12, that emphasize abstinence, but also include education about condoms and contraceptives. Such programs are skills-based and provide information that is complete and medically accurate and includes the risks and benefits of condom and contraceptive use. Comprehensive sexuality education promotes both risk elimination and risk reduction strategies. It uses culturally and gender-sensitive materials, language and strategies that recognize different gender identities and sexual orientations. Opportunities are provided for young people to develop and understand their own values, attitudes and beliefs about sexuality as a means of exercising responsibility regarding sexual relationships.

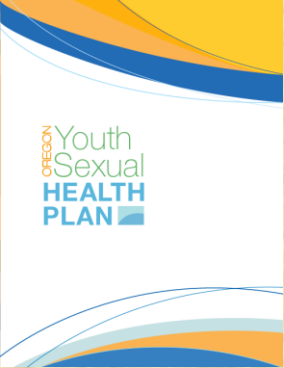
**Developmentally appropriate:** A perspective within education whereby a teacher or youth caregiver nurtures a youth's social, emotional, physical and cognitive development by basing all practices and decisions on 1) theories of youth development, 2) individually identified strengths and weaknesses of each youth uncovered





# Oregon Youth Sexual Health Plan

- **Developmentally appropriate sexuality education:** Curricula designed to teach concepts, information and skills based on the social, cognitive, emotional and experience level of students.

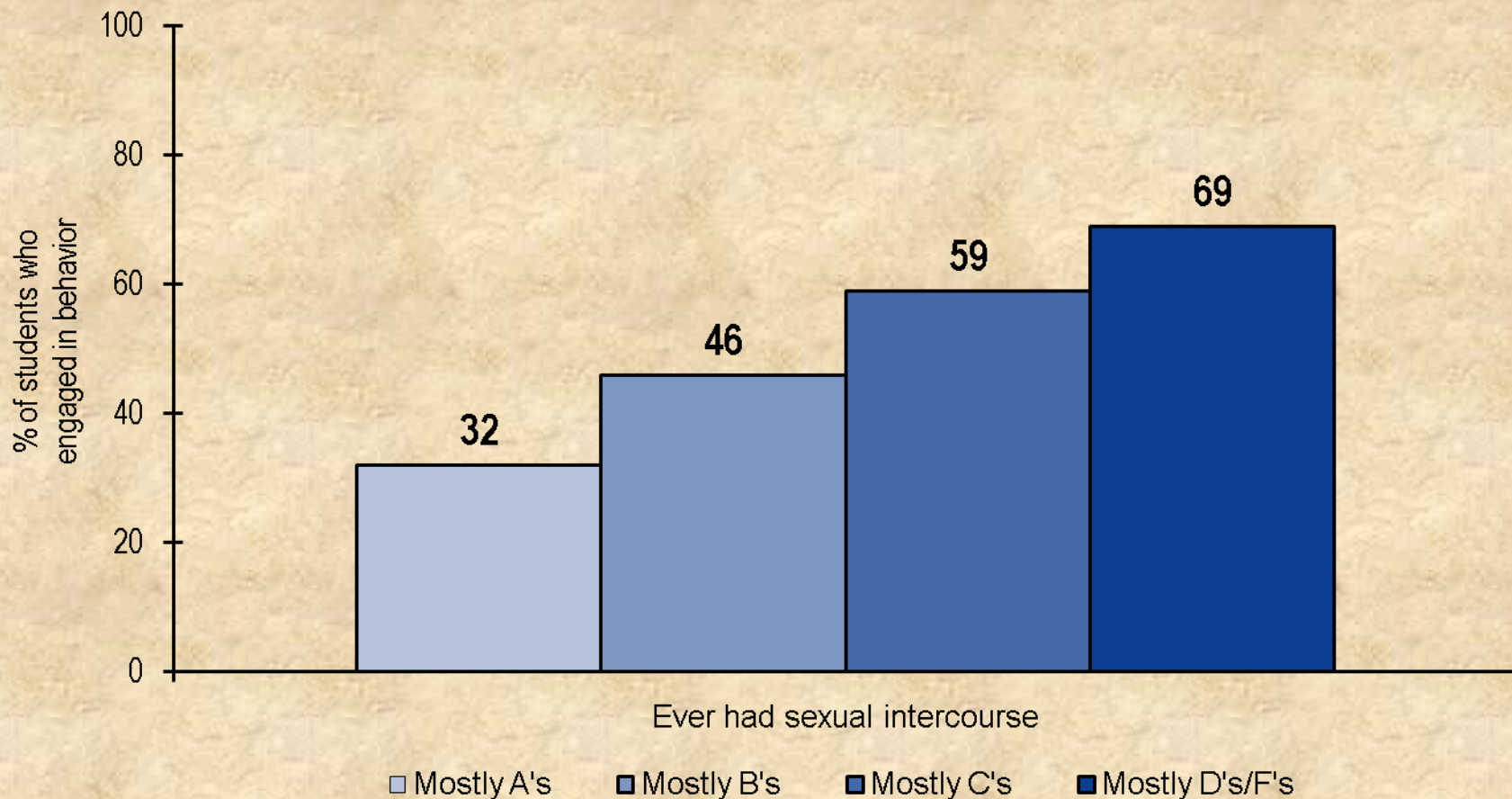


# Oregon Youth Sexual Health Plan

- **Medically accurate:** Information that is established through use of scientific methodology. Results are measured, quantified and replicated to confirm accuracy. In addition, the information is reported or recognized in peer-reviewed journals or other authoritative publications.



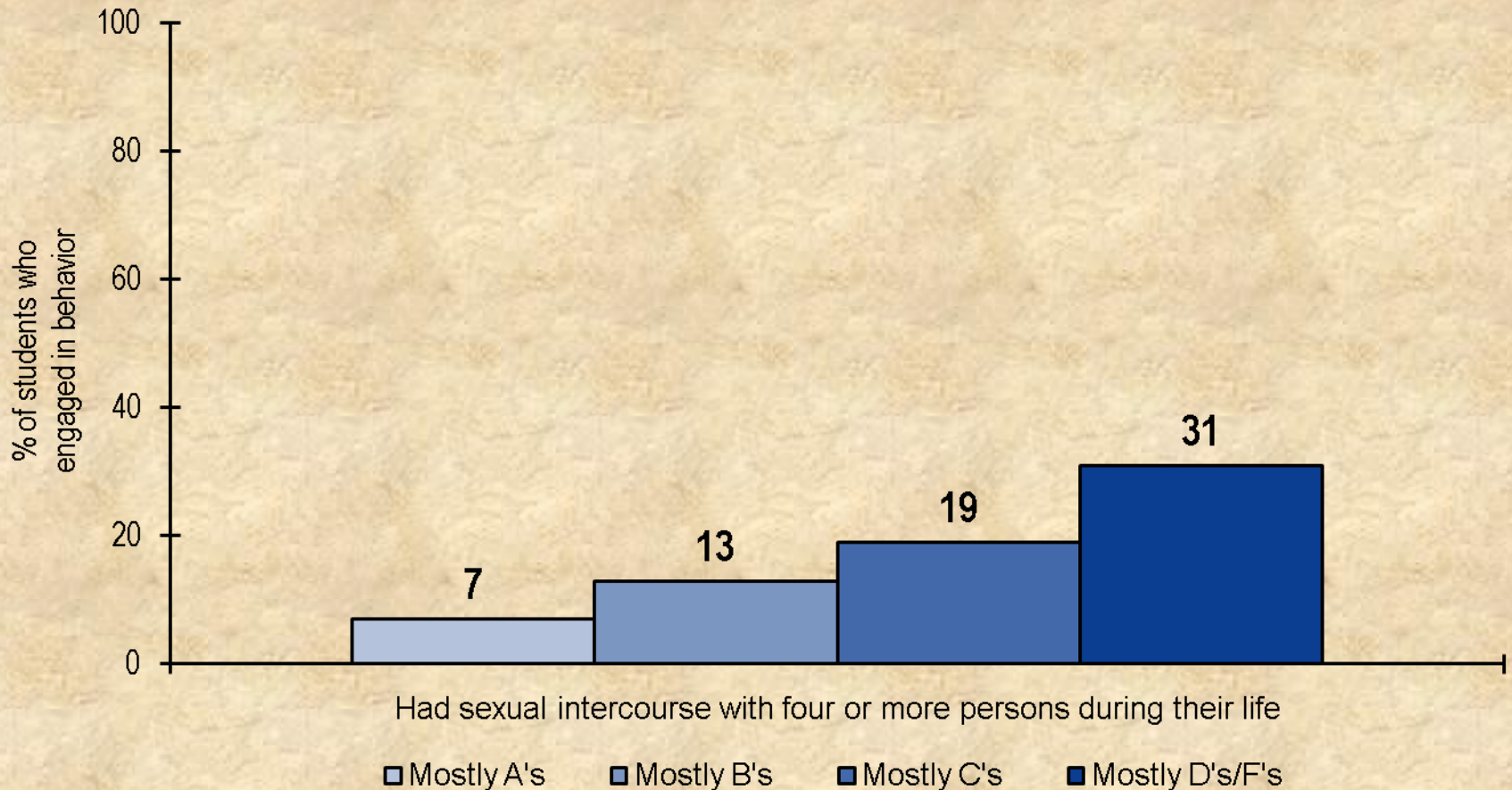
# Percentage of High School Students Who Ever Had Sexual Intercourse, by Type of Grades Earned (Mostly A's, B's, C's or D's/F's), 2009\*



\* $p < .0001$  after controlling for sex, race/ethnicity, and grade level.

United States, Youth Risk Behavior Survey, 2009

# Percentage of High School Students Who Had Sexual Intercourse With Four or More Persons During Their Life, by Type of Grades Earned (Mostly A's, B's, C's or D's/F's), 2009\*



\* $p < .0001$  after controlling for sex, race/ethnicity, and grade level.



- OHT Survey Results
- 2009 Results**
- 2008 Results
- 2007 Results
- 2006 Results
- 2005 Results
- 2004 Results
- 2003 Results
- 2002 Results
- 2001 Results

Public Health > Birth and Death Certificates > Surveys > Oregon Healthy Teens > OHT Survey Results > 2009 Results



## 2009 OHT: Materials and Results

### 2008/2009 School Year

- 8th Grade: [Category List and Questions](#)
- 11th Grade: [Category List and Questions](#)
- Questionnaires and Other Documents:
  - Survey: [8th Grade](#) [11th Grade](#)
  - [About Oregon Healthy Teens](#)
  - [Information About Small Sampling Numbers](#)
  - [General Timelines and Steps](#)
  - [2009 Contact Sheet](#)

**Contact Us**

[Services & People](#)

[Center for Health Statistics & Vital Records](#)





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Public Health > Birth and Death Certificates > Surveys > Oregon Healthy Teens > OHT Survey Results > 2009 Results > 8th Grade



## 2009 8th Grade Results

### Oregon Healthy Teens (OHT) 2009 8th Grade Results

- Viewing Options
- Demographics
- Health Care and Conditions
- Nutrition, Activity, Weight
- Sexual Behavior
- Injury-Related Issues

- Tobacco, Alcohol, Other Drugs
- Beliefs, Attitudes, Influences

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#### Viewing Options

- **Oregon Healthy Teens (OHT) 2009 8th Grade Results**
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- [Sexual Behavior](#)
- [Injury-Related Issues](#)

- **Sexual Behavior**
- [View topic tables](#)

## Sexual Behavior

### Oregon Healthy Teens 2009 - 11th Grade State Summary Report

#### 63. Have you ever had sexual intercourse?

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	3,476	100.0	1,774	100.0	1,702	100.0
Yes	1,671	48.4	877	49.7	794	46.9
No	1,805	51.6	897	50.3	908	53.1

Unweighted counts and weighted percentages exclude missing and/or refused answers.

### Oregon Healthy Teens 2009 - 11th Grade State Summary Report

#### 64. How old were you when you had sexual intercourse for the first time?

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	3,438	100.0	1,754	100.0	1,684	100.0
I have never had sexual intercourse	1,790	51.7	893	50.6	897	52.9
11 years old or younger	58	1.7	15	.9	43	2.5
12 years old	48	1.3	23	1.2	25	1.4
13 years old	86	2.6	38	2.1	48	3.1
14 years old	234	6.7	141	8.0	93	5.2
15 years old	453	13.1	248	14.0	205	12.1
16 years old	602	18.1	330	19.2	272	16.9
17 years old or older	167	4.9	66	4.0	101	5.9

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State Summary Report  
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# Where is it

- <http://public.health.oregon.gov/BirthDeathCertificates/Surveys/OregonHealthyTeens/Pages/index.aspx>
- By Year
- By Grade
- By County (combined years, delayed reporting)
- OFH Adolescent Health





## Teen Pregnancy Data


Oregon teen pregnancy data includes births and induced abortions to teens.

- Please read [About Teen Pregnancy Data](#) before using moving total or rolling rate data.
- Read [Oregon Preliminary Data](#) before using year-to-date (YTD) and preliminary data.

### Teen Pregnancy Counts And Rates

Age Group	2011 YTD	2007-2009
Age 10-17	<a href="#">Rolling Rate</a>	<a href="#">Counts</a>   <a href="#">Rates</a>
Age 15-17	<a href="#">Rolling Rate</a>	<a href="#">Counts</a>   <a href="#">Rates</a>

## Pregnancies To Teens By County Of Residence

-  Teen Pregnancy counts and rates, 1990-2008 (requires MS Excel® or the free [File Viewer](#) from Microsoft.)
- [Teen Pregnancy by Race/Ethnicity, 1990-2009 \(3-Year Aggregates\)](#)
- [Teen Pregnancy by Zipcode, 1990-2009 \(3-Year Aggregates\)](#)

## Births To Teens By County Of Residence

- [Age of Parents and Zipcode, 2006-2008 \(3-Year Aggregates\)](#)
- [Age of Parents and Zipcode, 1993-2007 Older years](#)
- [Demographic Characteristics and Zipcode, 2006-2008 \(3-Year Aggregates\)](#)
- [Demographic Characteristics and Zipcode, 1993-2007 Older years](#)
- [Outcome and Zipcode, 2006-2008 \(3-Year Aggregates\)](#)
- [Outcome and Zipcode, 1993-2007 Older Years](#)

## Induced Abortions To Teens By County Of Residence

- [Demographic Characteristics and Zipcode, 2006-2008 \(3-Year Aggregates\)](#)
- [Demographic Characteristics and Zipcode, 1993-2007 Older Years](#)

## Related Publications

- [Oregon Teen Pregnancy County Trends, 1998-2002, an Update - Apr 2004](#)
- [Sexual Activity Among Oregon Teens in 2001 - Sep 2003](#)
- [Oregon Teen Pregnancy County Trends, 1996-2000 An Update - Sep 2001](#)

# Where is it?

- <http://public.health.oregon.gov/BirthDeathCertificates/VitalStatistics/TeenPregnancy/Pages/index.aspx>

# A Story of a Very Fine County



The overwhelming concern of all educators is to ensure that every student demonstrate good performance to challenging academic standards. Community professionals who understand this core mission are more likely to forge productive working relationships with schools.