



Oregon School-Based  
Health Care Network

## About School-Based Health Care in Oregon

### What is a state certified School-Based Health Center (SBHC)?

- A health center located on school campus with a medical provider on staff (nurse practitioner, doctor or physicians assistant) and often has an RN and/or mental health practitioner
- Provides high-quality, comprehensive physical, mental and preventative health services
- Services are provided regardless of insurance status or ability to pay
- State certification standards ensure quality control by setting guidelines for facilities, operations/staffing, laboratory and clinical services, data collection and reporting, quality assurance activities, etc.

### Why is school-based health care important?

- Reduces barriers to health care such as lack of insurance, lack of transportation or distance to providers
- Lessens the demand on parents to take time off to get children to well and urgent care facilities
- Provides timely care and prevention services, keeping kids healthier, in school and ready to learn
- Sees children who otherwise might not get the health care they need
- Reduces emergency room use

### Where are SBHCs located and who do they serve?

- SBHCs are in 55 elementary, middle and high schools across 21 Oregon counties
- Centers are always located on school grounds
- SBHCs served 20,971 students in 66,087 visits in the 2007-2008 school year

### Types of Services Offered in certified SBHCs:

- Quality primary health care
  - routine physical exams
  - diagnosis and treatment of acute and chronic illness
  - treatment of minor injuries
  - referrals to care outside of the SBHC
- Prevention messages and health education
  - i.e. obesity counseling and substance abuse prevention
  - screening for chronic diseases such as asthma and diabetes
- Mental health services
  - grief therapy
  - help with peer pressure
  - bullying and suicide prevention



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### SBHC Funding and sponsorship

- Local control
  - SBHCs are developed based on local need and through a community-engaged planning process. Funding streams, medical sponsorship and management differ from center to center.
- Medical sponsorship
  - A sponsoring agency is defined as an agency that has a written agreement with the school-based health center (SBHC) to provide one or more of the following: • Funding • Staffing • Medical oversight • Liability insurance
- Funding sources
  - SBHC operating revenue may come from the state, county health departments, revenue from billing, school district support (largely in-kind), hospitals, community providers, local businesses and individuals, grants, foundations and/or fundraising.
- The impact of medical sponsorship on billing revenue:
  - Billing and fees make up an average of 42 percent of the operating funding of SBHCs sponsored by Federally Qualified Health Centers, but only 5 percent of operating funding for SBHCs sponsored by non-FQHC medical sponsors.